

EXAMINATION KEY FOR OJA PROMOTIONAL EXAM (1/1/2014)

SECTION IIIIB (General Information):

Rokyu (1-6)

1. Dr. Jigoro Kano.
2. The Kodokan.
3. 1882.
4. Ju Jitsu.
5. 600-1000 years.
6. Oklahoma Judo Association or U.S.Judo, Inc. or USAJudo

Gokyu (1-10)

7. a) Kuzushi; b) Tsukuri; c) Kake.
8. a) Nage Waza; b) Katame Waza; c) Atemi Waza.
9. a) Tachi Waza; b) Sutemi Waza.
10. a) Te Waza; b) Koshi Waza; c) Ashi Waza.

Yonkyu (1-14)

11. a) Ma Sutemi Waza; b) Yoko Sutemi Waza.
12. a) Osae Waza; b) Shime Waza; c) Kansetsu Waza.
13. Mifune; Nagaoka; Yamashita; Isogai; Samura; Iizuka;
Kotani; Geesink; Daigo; Osawa; Palmer.
14. a) Maximum Efficiency;
b) Mutual Benefit & Welfare.

Sankyu (1-18)

15. To develop the human character through the training & discipline of Judo.
16. Jim Bregman; Ben Campbell; George Harris; Paul Maruyama.
17. Jim Bregman, 3rd.
18. Jim Bregman, 3rd.

Nikyu (1-22)

19. Allen Coage, 3rd.
20. Ann Maria Burns.
21. a) Edward Liddie, 3rd;
b) Robert Berland, 2nd.
22. Michael Swain.

Ikkyu (1-24)

23. a) Kevin Asano, 2nd;
b) Michael Swain, 3rd;
c) Lynn Roethke, 2nd;
d) Margaret Castro-Gomez, 3rd.
24. Jason Morris, 2nd.

Shodan (1-27)

25. Jim Pedro, 3rd.
26. Jim Pedro.
27. Jim Pedro, 3rd.

Nidan (1-30)

28. Ronda Rousey, 3rd.
29. Kayla Harrison.
30. a) Kayla Harrison, 1st.
B) Marti Malloy, 3rd.

Sandan (1-34)

31. Pat Burris.
32. Ron Tripp.
33. Joel Holloway.
34. Martin Bregman.

SECTION IIIC (Vocabulary):

Yellow Belts:

Junior 1st

1. O
2. Ko
3. Uchi
4. Soto
5. Gari
6. Gatame or Katame
7. Hajime!
8. Matte!
9. O Soto Gari
10. Kesa Gatame

Junior 2nd

11. Kiyotsuke!
12. Rei!
13. Sensei
14. Goshi or Koshi
15. Ukemi
16. Koho Ukemi
17. Zempo Ukemi
18. Kaiten
19. Zempo Kaiten Ukemi
20. O Goshi

Junior 3rd

21. Seoi or Kata
22. Nage
23. Yoko
24. Shiho
25. Hon
26. Shizen
27. Jigo
28. Dojo
29. Seoi Nage
30. Yoko Shiho Gatame

Junior 4th & Rokyū

31. Shizen Hon Tai
32. Jigo Hon Tai
33. Hiza
34. Guruma
35. Osae-komi!
36. Toketa!
37. Seiza
38. Anza
39. Hiza Guruma
40. Rokyū

Orange Belts:

Junior 5th

41. Te
42. Ashi
43. Judogi
44. Harai or Barai
45. Sono Mama!
46. Yoshi!
47. Sore Made!
48. Maitta!
49. De Ashi Barai
50. Kami Shiho Gatame

Junior 6th

51. Ippon!
52. Waza Ari!
53. Yuko!
54. Sankaku
55. Shido!
56. Hansoku Make!
57. Fusegi
58. Happo No Kuzushi
59. Kumi Kata
60. O Uchi Gari

Junior 7th

61. Uki
62. Kuzure
63. Migi
64. Hidari
65. Judoka
66. Bogyo
67. Tori
68. Uke
69. Uki Goshi
70. Kuzure Kesa Gatame

Junior 8th & Gokyu

71. Sasae
72. Tsuru
73. Komi
74. Obi
75. Sode
76. Eri
77. Uwagi
78. Waza
79. Sasae Tsuru Komi Ashi
80. Gokyu

Green Belts:

Junior 9th

81. Go Kyo No Waza
82. Hairi Kata
83. Sute Geiko
84. Uchi Komi
85. Shiai
86. Kata
87. Randori
88. Tandoku Renshu
89. Ko Uchi Gari
90. Kuzure Yoko Shiho Gatame

Junior 10th

91. Renraku Waza
92. Hantei!
93. Junbi Undo
94. Shumatsu Undo
95. Kaeshi Waza
96. Tokui Waza
97. Ki
98. Kiai
99. Tatami
100. Koshi Guruma

Junior 11th

101. Awase Waza
102. Waza Ari Awasete Ippon
103. Fusengachi!
104. Kikengachi!
105. Muni
106. Kuzure Kami Shiho Gatame
107. Ju
108. Do
109. Shintai
110. Ko Soto Gari

Junior 12th & Yonkyū

111. Tani
112. Zarei
113. Ritsurei
114. Bushido
115. Budo
116. Tai Sabaki
117. Shiaijo
118. Shimpan
119. Tsuru Komi Goshi
120. Yonkyū

Blue Belts:**Junior 13th**

- 121. Shihan
- 122. Joseki
- 123. Kawazu Gake
- 124. Mudansha
- 125. Yudansha
- 126. Tsubami Gaeshi
- 127. Okuri
- 128. Batsugun
- 129. Okuri Ashi Barai
- 130. Kata Gatame

Junior 14th

- 131. Dan
- 132. Morote
- 133. Hiki Wake!
- 134. Sotai Renshu
- 135. Maki Komi
- 136. Gachi
- 137. Make
- 138. Yudanshakai
- 139. Sukashi
- 140. Harai Goshi

Junior 15th

- 141. Tai
- 142. Otoshi
- 143. Ura or Ushiro
- 144. Shodan
- 145. Nidan
- 146. Sandan
- 147. Yondan
- 148. Godan
- 149. Tai Otoshi
- 150. Ushiro Kesa Gatame

Junior 16th & Sankyu

- 151. Kohaku Shiai
- 152. Katsu
- 153. Mata
- 154. Rokudan
- 155. Shichidan
- 156. Hachidan
- 157. Kudan
- 158. Judan
- 159. Uchi Mata
- 160. Sankyu

Purple Belts:**Junior 17th**

- 161. Seiryoku Zenyo
- 162. Jita Kyohei
- 163. Gake
- 164. Yama Arashi
- 165. Shime
- 166. Kani Basami
- 167. Sutemi
- 168. Ma
- 169. Ko Soto Gake
- 170. Tate Shiho Gatame

Junior 18th

- 171. Juji
- 172. Nami
- 173. Gyaku
- 174. Nami Juji Jime
- 175. Kata Juji Jime
- 176. Gyaku Juji Jime
- 177. Hadaka Jime
- 178. Tsuru Goshi

Junior 19th

- 179. Dojime
- 180. Nage No Kata
- 181. Katame No Kata
- 182. Ju No Kata
- 183. Goshin Jitsu No Kata
- 184. Junidan
- 185. Okuri Eri Jime
- 186. Harai Tsuru Komi Ashi

Junior 20th & Nikyu

- 187. Hane
- 188. Ude
- 189. Hishigi
- 190. Wake
- 191. Tomoe
- 192. Hane Goshi
- 193. Kata Ha Jime
- 194. Nikyu

Brown Belt:**Ikkyu**

- 195. Ude Hishigi Juji Gatame
- 196. Ude Hishigi Ude Gatame
- 197. Ude Garami
- 198. Wake Gatame
- 199. Yoko Otoshi
- 200. Kata Guruma
- 201. Tomoe Nage
- 202. Ashi Guruma
- 203. Muni Gatame
- 204. Ikkyu

BLACK BELTS:**SHODAN (1st Degree)**

- 205. Sumi Gaeshi
- 206. Tani Otoshi
- 207. Hane Maki Komi
- 208. Sukui Nage
- 209. Utsuri Goshi
- 210. O Guruma
- 211. Soto Maki Komi
- 212. Uki Otoshi

NIDAN & HIGHER

- 213. O Soto Guruma
- 214. Uki Waza
- 215. Yoko Wakare
- 216. Yoko Guruma
- 217. Ushiro Goshi
- 218. Ura Nage
- 219. Sumi Otoshi
- 220. Yoko Gake