

EXAMINATION KEY FOR OJA PROMOTIONAL EXAM (1/1/2018)

SECTION IIIIB (General Information):

Rokyu (1-6)

1. Dr. Jigoro Kano.
2. The Kodokan.
3. 1882.
4. Ju Jitsu.
5. 600-1000 years.
6. Oklahoma Judo Association or U.S.Judo, Inc. or USAJudo

Gokyu (1-10)

7. a) Kuzushi; b) Tsukuri; c) Kake.
8. a) Nage Waza; b) Katame Waza; c) Atemi Waza.
9. a) Tachi Waza; b) Sutemi Waza.
10. a) Te Waza; b) Koshi Waza; c) Ashi Waza.

Yonkyu (1-14)

11. a) Ma Sutemi Waza; b) Yoko Sutemi Waza.
12. a) Osaie Waza; b) Shime Waza; c) Kansetsu Waza.
13. Mifune; Nagaoka; Yamashita; Isogai; Samura; Iizuka; Kotani; Geesink; Daigo; Osawa; Palmer.
14. a) Maximum Efficiency;
b) Mutual Benefit & Welfare.

Sankyu (1-18)

15. To develop the human character through the training & discipline of Judo.
16. Jim Bregman; Ben Campbell; George Harris; Paul Maruyama.
17. Jim Bregman, 3rd.
18. Jim Bregman, 3rd.

Nikyu (1-22)

19. Allen Coage, 3rd.
20. Ann Maria Burns.
21. a) Edward Liddie, 3rd;
b) Robert Berland, 2nd.
22. Michael Swain.

Ikkyu (1-24)

23. a) Kevin Asano, 2nd;
b) Michael Swain, 3rd;
c) Lynn Roethke, 2nd;
d) Margaret Castro-Gomez, 3rd.
24. Jason Morris, 2nd.

Shodan (1-27)

25. Jim Pedro, 3rd.
26. Jim Pedro.
27. Jim Pedro, 3rd.

Nidan (1-30)

28. Ronda Rousey, 3rd.
29. Kayla Harrison.
30. a) Kayla Harrison, 1st.
b) Marti Malloy, 3rd.

Sandan (1-31)

31. a) Kayla Harrison, 1st.
b) Travis Stevens, 2nd.

Yondan-Rokudan (1-35)

32. Pat Burris.
33. Ron Tripp.
34. Joel Holloway.

35. Martin Bregman.

SECTION IIIC (Vocabulary):

Yellow Belts:

Junior 1st

1. O
2. Ko
3. Uchi
4. Soto
5. Gari
6. Gatame or Katame
7. Hajime!
8. Matte!
9. O Soto Gari
10. Kesa Gatame

Junior 2nd

11. Kiyotsuke!
12. Rei!
13. Sensei
14. Goshi or Koshi
15. Ukemi
16. Koho Ukemi
17. Zempo Ukemi
18. Kaiten
19. Zempo Kaiten Ukemi
20. O Goshi

Junior 3rd

21. Seoi or Kata
22. Nage
23. Yoko
24. Shiho
25. Hon
26. Shizen
27. Jigo
28. Dojo
29. Seoi Nage
30. Yoko Shiho Gatame

Junior 4th & Rokyu

31. Shizen Hon Tai
32. Jigo Hon Tai
33. Hiza
34. Guruma
35. Osae-komi!
36. Toketa!
36. Seiza
36. Anza
39. Hiza Guruma
40. Rokyu

Orange Belts:

Junior 5th

41. Te
42. Ashi
43. Judogi
44. Harai or Barai
45. Sono Mama!
46. Yoshi!
47. Sore Made!
48. Maitta!
49. De Ashi Barai
50. Kami Shiho Gatame

Junior 6th

51. Ippon!
52. Waza Ari!
53. Waza *
54. Sankaku
55. Shido!
56. Hansoku Make!
57. Fusegi
58. Happo No Kuzushi
59. Kumi Kata
60. O Uchi Gari

Junior 7th

61. Uki
62. Kuzure
63. Migi
64. Hidari
65. Judoka
66. Bogyo
67. Tori
68. Uke
69. Uki Goshi
70. Kuzure Kesa Gatame

Junior 8th & Gokyu

71. Sasae
72. Tsuru
73. Komi
74. Obi
75. Sode
76. Eri
77. Uwagi
78. Shiai *
79. Sasae Tsuru Komi Ashi
80. Gokyu

Green Belts:

Junior 9th

81. Go Kyo No Waza
82. Hairi Kata
83. Sute Geiko
84. Uchi Komi
85. Tatami *
86. Kata
87. Randori
88. Tandoku Renshu
89. Ko Uchi Gari
90. Kuzure Yoko Shiho Gatame

Junior 10th

91. Renraku Waza
92. Kaeshi Waza *
93. Tokui Waza *
94. Ju *
95. Do *
96. Junbi Undo *
97. Shumatsu Undo *
98. Ki *
99. Kiai *
100. Koshi Guruma

Junior 11th

101. Awase Waza
102. Waza Ari Awasete Ippon
103. Fusengachi!
104. Kikengachi!
105. Mune
106. Mune Gatame *
107. Shintai
108. Kuchiki Daoshi *
109. Kuzure Kami Shiho Gatame*
110. Ko Soto Gari

Junior 12th & Yonkyu

111. Tani
112. Zarei
113. Ritsurei
114. Bushido
115. Budo
116. Tai Sabaki
117. Shiaijo
118. Shimpan
119. Tsuru Komi Goshi
120. Yonkyu

Blue Belts:**Junior 13th**

121. Shihan
 122. Joseki
 123. Kawazu Gake
 124. Mudansha
 125. Yudansha
 126. Tsubami Gaeshi
 127. Batsugun *
 128. Okuri *
 129. Okuri Ashi Barai
 130. Kata Gatame

Junior 14th

131. Dan
 132. Morote
 133. Hiki Wake!
 134. Sotai Renshu
 135. Maki Komi
 136. Gachi
 137. Make
 138. Yudanshakai
 139. Sukashi
 140. Harai Goshi

Junior 15th

141. Tai
 142. Otoshi
 143. Ura or Ushiro
 144. Shodan
 145. Nidan
 146. Sandan
 147. Yondan
 148. Godan
 149. Tai Otoshi
 150. Ushiro Kesa Gatame

Junior 16th & Sankyu

151. Kohaku Shiai
 152. Katsu
 153. Mata
 154. Rokudan
 155. Shichidan
 156. Hachidan
 157. Kudan
 158. Judan
 159. Uchi Mata
 160. Sankyu

Purple Belts:**Junior 17th**

161. Seiryoku Zenyo
 162. Jita Kyohei
 163. Gake
 164. Kani Basami *
 165. Ko soto Gake *
 166. Sutemi *
 167. Ma *
 168. Yama Arashi *
 169. Shime *
 170. Tate Shiho Gatame

Junior 18th

171. Juji
 172. Nami
 173. Gyaku
 174. Nami Juji Jime
 175. Kata Juji Jime
 176. Gyaku Juji Jime
 177. Hadaka Jime
 178. Tsuru Goshi
 179. Junidan *
 180. Kusabe Gari *

Junior 19th

181. Nage No Kata *
 182. Katame No Kata *
 183. Ju No Kata *
 184. Kimi No Kata *
 185. Goshin Jitsu No Kata *
 186. Itsusu No S=Kata *
 187. Okuri Eri Jime
 188. Kibisu Gaishi *
 189. Dojime *
 190. Harai Tsuru Komi Ashi *

Junior 20th & Nikyu

191. Hane
 192. Ude
 193. Hishigi
 194. Wake
 195. Tomoe
 196. Hane Goshi
 197. Kata Ha Jime
 198. Kata Guruma *
 199. Tomoe Nage *
 200. Nikyu *

Brown Belt:**Ikkyu**

201. Ude Hishigi Juji Gatame
 202. Ude Hishigi Ude Gatame
 203. Ude Garami
 204. Wake Gatame
 205. Daki Agi *
 206. Ashi Guruma
 207. Yoko Otoshi
 208. Ikkyu

BLACK BELTS:**SHODAN (1st Degree)**

209. Sumi Gaeshi
 210. Tani Otoshi
 211. Hane Maki Komi
 212. Sukui Nage
 213. Utsuri Goshi
 214. O Guruma
 215. Soto Maki Komi
 216. Uki Otoshi

NIDAN & HIGHER

217. O Soto Guruma
 218. Uki Waza
 219. Yoko Wakare
 220. Yoko Guruma
 221. Ushiro Goshi
 222. Ura Nage
 223. Sumi Otoshi
 224. Yoko Gake

1/1/2018

*** indicates change from previous exam**